**PRINCIPAL’S MESSAGE**

What brings you joy? I polled the entire staff and students today and remarkably, the number one answer was family! We did have cotton candy and puppies as responses too, but the majority of answers, from kindergarten to grade 8 was family! May 4th – May 8th is Catholic Education Week! The theme is “Exploring Paths of Joy”. Our Catholic schools share in the Church’s mission to proclaim the joy of the Gospel.

During Catholic Education Week we celebrate our uniqueness. We have much planned for this special week. We have Confirmation, a Chess Tournament, a Grey Matter Competition, the Living Rosary, a Spelling Bee, Mass, and so much more. We have a very special evening for you to enjoy with author Janet Podleski, where she will give an inspiring talk about wellness and healthy eating. We will gather together with our extended community from Combermere, Wilno, Round Lake and Killaloe. Hopefully, we will all walk away on a path of wellness to ultimately experience even more joy in our lives.

And to our beautiful “mommies” out there – Happy Mother’s Day! Your unconditional love for your children is a gift from God. May you experience much joy on your day. You are a huge source of joy for your families. May you feel valued and appreciated for your continual sacrifices and support that you give to your family.

Blessings and JOY,  
Marie Finnerty, Principal

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**TUTORS**

We welcome Liam Murray and Ela Zasowski to St. John Bosco. These university students will be working with various teachers in our school and assisting students.

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**SCHOOL COUNCIL**

Our final School Council meeting will be held on Monday, May 11, 2015, at 5:30 p.m. We will be recognizing our parent volunteers with dinner, proceeded by our meeting. Please respond to your invitation, if you haven’t already done so.

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**CATHOLIC EDUCATION WEEK: May 3 - 8, 2015 “Exploring Paths of Joy”**

Our committee, which includes Miss H. Afelskie, Mrs. G. Blank, Mrs. K. Etmanskie Mrs. M. Finnerty, Mrs. M. Greene, Mrs. D. Klobouk, Mr. R. Pinkerton and Mrs. S. Yandernoll, is busy making plans for a spectacular Catholic Education Week.

**Monday: “Walking Together and Sharing our Stories”**

8:45 Assembly

**Tuesday: “Opening the Scriptures”**

a.m. MESSA Chess Tournament

Pizza Lunch

1:00 Living Rosary – outdoors

7:00 Confirmation – St. Hedwig’s – Grade 7 & 8

**Wednesday: “Welcoming Others to the Table”**

Spirit Day – Wear red and white

Healthy Snack – pita bread (representative of Last Supper)

7:00 Janet Podleski, Looneyspoons Author

**Thursday: “Recognizing Jesus in the Breaking of the Bread”**

9:15 Mass – St. Hedwig’s

pm Madawaska Family Spelling Bee

**Friday: “Proclaiming the Good News”**

MESSA Gray Matter Tournament, Palmer Rapids
CHESS TOURNAMENT CANTEEN

Pepperoni Pizza (from Pizza Pizza) will be available to purchase, for any St. John Bosco student, from our chess tournament canteen Tuesday, May 5, 2015. All pizza orders and monies must be received by the office by Friday, May 1, 2015. Each pizza slice is being sold for $2.50.

At the canteen, chips, chocolate bars and licorice will also be available – no preorders for this. Money raised will help offset the cost of the Grade 1/2 and 2/3 class trip.

SPECIAL NIGHT FOR PARENTS AND COMMUNITY MEMBERS

You are invited to join us on Wednesday, May 6, 2015 from 7:00-8:30 p.m. in the gym at St. John Bosco School to listen to Janet Podleski.

Join #1 national bestselling cookbook author, Food Network TV personality and Registered Holistic Nutritionist, Janet Podleski, for a heaping serving of inspiration, information, belly laughs and her most effective, cutting-edge strategies and tips to create your healthiest body. Learn how to EAT instead of how to diet. Learn and laugh you way to good health!

Sponsored by the Province of Ontario Parents Reaching Out Grants

SPAGHETTI LUNCH

The Kindergarten class will be offering a spaghetti lunch for all students on Monday, May 11, 2015. The cost is $2.00 for a bowl of spaghetti with sauce. Orders are due on Thursday, May 7, 2015. Students are asked to bring a fork and bowl on that day.

BOUQUETS TO...

Viola Cybulskie, Terri MacLeod, Theresa Olsheskie, Theresa Prince and Carmel Rumleskie for leading our students in praying the rosary.

Families for supporting the WE Day coffee house. Special thanks to all participants at the coffee house.

Mary Ann Dombroskie, Amanda Levean, Staci Pecarski and Tracy Yandernoll for preparing healthy snacks.

Fr. M. Coulas for celebrating an Easter Mass with our school community.

Congratulations to Joseph Afelskie, Emily Dombroskie, Mickyla Kicksee and Hayden Pecarski-Kuiack, who received the Holy Eucharist for the first time on Sunday, April 12th.

STUDENT COUNCIL NEWS

Wear your red and white on Wednesday, May 6, 2015, to show your support for Paralympic athletes. Please see calendar for other spirit days.

HEALTHY LUNCH

On Wednesday, May 20, 2015, students are being offered a pancake lunch. Your child does not need to bring a lunch, if they are going to eat the pancakes.

SUMMER SCHOOL

Time to start thinking about summer and summer school. Along with some solid Math and Language, summer school promises to be bigger and better this year with outdoor and/or indoor play, art, music and more! Consider signing up for St. John Bosco summer school this year. More details to follow.

CLERGY VISITS

Fr. M. Coulas will be visiting the grade 4/5 class on Tuesday, May 12, 2015 at 9:30 to speak about how the Church and the Creed help us in our faith.

Fr. C. Shalla will be in to visit the Grade 2/3 class on Monday, May 4, 2015, to speak about the life of Mary.

PROVINCIAL ASSESSMENT 2015

Grades 3 and 6 students will be involved in EQAO Provincial Assessment which will be written on Monday, May 25, 2015, to Wednesday, May 27, 2015, and then again between Monday, June 1, 2015, to Wednesday, June 3, 2015. Please check your calendar to ensure that these weeks remain clear of appointments especially in the morning.

BIKES, SKATEBOARDS, SCOOTERS

According to board policy, students are not permitted to use skateboards and scooters on school property. Board insurance indicates that the risk of injury is extremely high. Students who come to school with these items are not permitted to use them on the property, but may place them in their classroom until day’s end.

There are bike stands available for those who bring bikes to school. It is advisable that students use locks to prevent their bikes from being taken.

COLLECTING

Please continue to send in batteries, can tabs and Campbell soup labels. You may send them to school with your child at any time. Thanks for your assistance in this collection.
FAMILY FUN NIGHT

Circle the date –**MAY 28, 2015** - for our Annual Fun Night, which will be held from 4:00 p.m. to 7:00 p.m. This year, the rock wall will be returning along with bouncers (bouncy castle and a 50 foot obstacle course). If you are able to help out that night, please contact the school. This is a family event and the committee would love any support you can provide. Please contact the school or send a note in your child's agenda if you are able to assist in any way.

SAVE THE DATE – GRADE 8 STUDENTS

Grade 9 Orientation morning will be scheduled for Thursday, August 27, 2015, from 9:00 a.m. to 10:30 a.m. Parents are encouraged to come with their child.

Students entering Grade 9 in September can begin their community hours this summer, from July 1, 2015, onwards.

WARMER WEATHER DRESS

As spring weather hopefully approaches, we wish to request your co-operation regarding appropriate attire for school.

Clothing is to be of a modest nature.

- Shirts/tops must cover the midriff area
- Shirts/tops may be sleeveless or short sleeve (spaghetti straps are not appropriate)
- Shirts/tops with sayings depicting violence, non-Christian values, etc. are not permitted

In areas where a dispute arises, the principal will have the final say.

We appreciate your support in our continued efforts to work together to help our children show good judgement that enables them to always be proud of themselves and their actions.

SPELLING BEE COMPETITION

Congratulations to all spelling bee competitors – Piper McGrath, Ava Cybulskie, Lily Plebon, Stephen Kerr, Sara Etmanskie, Drake Trebinskie, Joseph Afelskie and Kayla Dombroskie.

Special congratulations to the following who placed in their division:

**Primary:**
1st Ben Afelskie
2nd Chadd Stoppa
3rd Joseph Hempstead

**Junior:**
1st Jacob Afelskie
2nd Hannah Afelskie
3rd Isabelle Gonzalez

**Intermediate:**
1st Nathan Yandernoll
2nd Noah Shepherd
3rd Jonah Kluke

MILK PROGRAM

Milk credits will only be issued to students who were absent and paid for the full month. Otherwise the milk will be given on a day your child didn’t order. The credit slip will be placed in your child’s agenda and needs to be attached to your June pre-order.

Please note that the pre-orders can be placed to the end of June, but no credit slips will be issued.

NOTICE FROM BOARD TRANSPORTATION OFFICE

If you know that you address will be changing for September 2015, please notify the school for bussing changes.

Every student whose transportation needs will change (for example: currently a student only uses the bus in the morning, however in September they will need to use the bus in both the morning and afternoon), please notify the school immediately.

To allow the Board time to include these requests in their September planning, please forward information to the school by Tuesday, May 19, 2015.

LITTER BUG CONTEST WINNERS

K-2 1st Bryson Cybulski
2nd Meadow Lundy
3rd Mickyyla Kicksee

Grade 3-5 1st Rebbecca Kerr/Bethany Kluke/ Abby Lorbeskite
2nd Emeric Etmanskie
3rd Stephanie Ashford / Stephanie Mintha

Grade 6-8 1st Hannah Afelskie/Maria Shalla/ Isabelle Gonzalez and Jacob Afelskie
2nd Christian Dombroskie
3rd Emily Mintha / Shawnta Levean

Thank you to our judges: Mrs. B. Walsh, Mr. R. Yantha and Mrs. K. Etmanskie. Thank you also to all participants. Winners have earned some reward time in the Zone Room. Thank you to Mrs. S. Corrigan for organizing the contest.
SMASH WRESTLING

Many of the wrestlers who wowed the fans last year will be back: The Overdogs: Sebastian Suave and John Greed, Tyson Dux, Hacker, Vanessa ‘The Mountain’ Kraven, the Super Smash Bros, and Gregory Irons. There will be some new faces too, including the up-and-coming martial arts phenom, Speedball Mike Bailey. They will be at the school on Wednesday, May 13, 2015 for a presentation at 12:45 p.m.

They will be in Barry’s Bay on Saturday, May 16, 2015 at the P.J. Yakabuski Arena. Doors open at 6:00 p.m. Advanced tickets can be purchased at Sweet Memories candy shop or Activities Plus

MATH TIP

Sports and Math – A Winning Combination

This summer, Ontario is hosting one of the largest sporting events in our history. An estimated 7,600 top athletes from the Americas and Caribbean will compete at more than 30 venues located in 16 municipalities across southern Ontario. To kick off the event, a 41-day PanAm Torch Relay is planned from May 30th to July10th to share in the spirit in more than 130 communities across the province. The Parapan Am Torch Relay is planned for August 3-7, 2015, and will involve 250 torchbearers.

The games will offer a broad range of math knowledge and skill building opportunities for everyone in the family in a variety of sport events: baseball, basketball, beach volleyball, canoe /kayaking, cycling, equestrian, soccer, golf, judo, swimming, figure skating, triathlon, softball, and many more.

In celebration of the games, plan to engage the entire family by taking part in math activities. Here are some suggestions to get you started:

• plot the journey of the torchbearers taking part in the Torch Relay. How far will they travel? How long will it take? This offers an opportunity for families to discover Ontario cities and towns in greater detail (size, demographics, summer events) as well as math activities such as calculating distance between communities and the amount of time to get there.
• Compare one’s performance in a sport with the results of the competitors in the games.
• Predict how many medals Canada will win. Which country will rank 1st, 2nd and 3rd in the medal count?
• Compare the results (time, distance, strength) of your favourite athlete(s) over time.
• How do the athletes or players use angles to succeed in their sport?
• Looking at data on each of the participants, do you think the triathlon will be won by someone who is very strong in one event and average in the other two, or someone who is strong in all three disciplines?

NEWS FROM CRC YOUTH PROGRAM

Come sing and dance for Youth Mental Health Awareness Week. All ages welcome to Karaoke Night held on Friday, May 1, 2015, from 6:00-9:00 p.m. at the Lions Hall in Killaloe. Cost is $2.00

Community Bike Ride and BBQ will be held on Saturday, May 9, 2015. Meet at the Killaloe Ballpark at 3:30 p.m. Bring your bike and join us for a community bike ride around Killaloe to promote Youth Mental Health Awareness. Ride starts at 4:00 p.m. followed by BBQ and games at 5:00 p.m. For more information, contact Klare at the CRC 613-757-3108.

YEARBOOK ADVERTISING

Please consider advertising your business in our annual yearbook. The ad would be a business card that you already have. The cost per ad is $25.00. Please send business card, with payment, to the school by May 1, 2015.

MENTAL HEALTH AND WELLNESS

How can a parent tell if a child's Internet use is healthy or not? Internet use becomes a problem when it begins to cause a decline in terms of what healthy adolescents are expected to achieve, such as maintaining grades participating in family life and keeping up friendships.

Steps parents can take to intervene early and help prevent problems:

• Be aware of your children’s Internet activities.
• Spend time learning about Internet and gaming materials popular with youth.
• Consider using a shared computer in the family room of your home.
• Encourage “offline” activities such as sports and social meetings with peers.
• Discuss possible dangers and impacts of Internet use.
Nine-year old Lisa was on her way to her first gymnastics meet. Lanky, flexible and energetic, she was just right for gymnastics, and she loved it. Of course, she was a little nervous about competing, but she was good at gymnastics and felt confident of doing well.

In the first event, the floor exercises, Lisa went first. Although she did a nice job, the scoring changed after the first few girls, and she lost. Lisa also did well in the other events, but not well enough to win. By the end of the evening, she had received no ribbons and was devastated.

What would you say if you were Lisa's parents?
1. Tell Lisa that you thought she was the best.
2. Tell her she was robbed of a ribbon that was rightfully hers.
3. Reassure her that gymnastics is not that important.
4. Tell her she has the ability and will surely win next time.
5. Tell her she didn’t deserve to win.

Let’s look at the five possible reactions from a mindset point of view—and listen to the messages:
The first (you thought that she was the best) is basically insincere. She was not the best—you know it, and she does, too. This offers her no recipe for how to recover or how to improve.

The second (she was robbed) places blame on others, when in fact the problem was mostly with her performance, not the judges. Do you want her to grow up blaming others for her deficiencies?

The third (reassure her that gymnastics doesn’t really matter) teaches her to devalue something if she doesn’t do well in it right away. Is this really the message you want to send?

The fourth (she has the ability) may be the most dangerous message of all. Does ability automatically take you where you want to go? If Lisa didn’t win this meet, why should she win the next one?

The last option (tell her she didn’t deserve to win) seems hardhearted under the circumstances. And of course you wouldn’t say it quite that way.

If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. They will have a lifelong way to build and repair their own confidence.

We can praise them as much as we want for the growth-oriented process—what they accomplished through practice, study, persistence, and good strategies.

**MAY – 2015**

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<td>8 a.m. &amp; 11 a.m.</td>
<td>JK, SK – Dental Screening 10:30-2:40</td>
<td>Dental Screening - Gr. 2 - 10:15 am</td>
<td>Spirit Day - Wear red &amp; white</td>
<td>Family Fun Night orders due today.</td>
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<td>St. Lawrence O’Toole – 9:30 a.m.</td>
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<td>MESAA Chess Tournament, St. John Bosco - am</td>
<td>Healthy Snack - Salad with dressing Pita Bread</td>
<td>Spaghetti Lunch orders due today.</td>
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<td>St. Hedwig’s</td>
<td>Spaghetti Lunch</td>
<td>Spirit Day</td>
<td>Healthy Snack - English muffin pizza</td>
<td>Milk pre-orders due today.</td>
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<td>8 a.m. &amp; 11 a.m.</td>
<td>Remember your bowl and fork.</td>
<td>Neon Day</td>
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<td>Smashed Presentation-12:40 - gym</td>
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<td>VICTORIA DAY</td>
<td>Yearbook orders due today. No LATE orders accepted.</td>
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<td>HOLIDAY</td>
<td>Healthy Snack - Pancakes with syrup</td>
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<td>St. Hedwig’s</td>
<td>EQAO assessment begins.</td>
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<td>Healthy Snack - Fruit Kebabs</td>
<td>Family Fun Night 4:00-7:00 pm</td>
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| 31   | Masses:  
St. Hedwig's  
8 a.m. & 11 a.m.  
St. Lawrence  
O'Toole –  
9:30 a.m |
