Why Saint Andrew's Catholic School Is Such A Blessing

When you can experience joy in your life and have a chance to give joy to others every day, life is a blessing. St. Andrew's School is an atmosphere in which these two experiences are easily done. The smiles on children’s faces, their funny stories, cute comments and openness to learning and life give me joy and laughter every single day. (Last week a student innocently informed me that my office smelled like a bait shop. I chuckled all day.)

The hard work of the staff within the school, the ability to walk with God and build on our faith every day, the positive relationship with Father Neville and now Father Goring, the wonderfully supportive parents, and the small but powerful community of Killaloe have all made the experience of joy so easy.

It is with mixed feelings that I thank God and all of you for an awesome experience at Saint Andrew’s.

I know that you will welcome Mr. Scott Nichol, new principal for January 2016 and allow him to experience the unique joy that our school has to offer.

Sincerely,
Mary Catherine Brisco

School Council

Attached are the minutes of our previous meeting of September 8th. Our next School Council meeting will take place on Monday, November 2nd at 6:30 p.m. Everyone is welcome!

Partridge Run

Congratulations to all the students who participated in the annual Partridge Run. Top winners were as follows:

- Boys – 14 & Under: Cutler Lacombe 3rd place
- Girls – 14 & Under: Kirsten Recoskie 2nd place
- Girls – 12 & Under: Gillian Summers 2nd place
- Boys – 12 & Under: Sam Klawitter 1st place
- 3000 metre – Open: Cutler Lacombe 3rd place
- High Rollers: Thomas MacMunn 2nd place

A special thank you to Wendy Klawitter and Mike O’Neill for coaching the runners, to Sarah Yutronkie and Marina Burchat, and to all our parents for cheering them on.

Feast of St. Andrew

Our November Mass will be celebrated on Friday, November 27th. Thank you to Mrs. Klawitter and the Grade 6/7 students for preparing this Mass. Many thanks to the St. Andrew’s School Council who will be sponsoring a spaghetti luncheon in honour of the Feast of St. Andrew in the church hall. Students are requested to donate $1.00 each towards the cost of the spaghetti luncheon. If anyone is able to help with this luncheon, please call the school.

Calling all students who belong to St. Andrew’s Parish!

All students who belong to St. Andrew’s Parish have a wonderful opportunity of participating in Sunday morning Mass once month. If you would like your child to participate – choir member, lector, gift bearer, altar server - please contact the school.
Lest We Forget
On Wednesday, November 11th, members of the Canadian Military will come to the school to speak to staff and students. They will then lead us to the Killaloe Cenotaph where we will participate in the Remembrance Day Ceremony. Thanks to Staff Sergeant Ed Dallow, the Township of KHR and Maria Mayville for their leadership with this event.

A Big Thank You....
- To Wendy Brotton, Cindy Corbett, Patricia Coulas, Danielle Kohl, Angela Kuehl, Bobbie Kuehl, Marilyn Kuehl, Pat Lund, Cory Lee & Ian MacMunn, Paula Mask, Wilma McGrath, Michelle Tomasini, Dzidka Sadecki, Katherine Walczyk, Jennifer Yantha and Sarah Yutronkie for roasting turkeys or preparing, serving or cleaning up the delicious Thanksgiving Luncheon and to all parents for their donations of food and money towards this luncheon.
- To School Council for organizing the Harvest Raffle, and to all the families and staff who donated towards the prizes. A total profit of $451 was raised for School Council. Winners were: $100 cash – Buck Kuehl; Harvest Basket – Constance Bersan; Gift Bag – Isaac Kutchkoskie.
- To all the students and staff for their donations to the Killaloe Food Bank (154 items); to the Syrian Refugees ($223.91) and to CHEO ($262.82).
- To the KHR Fire Department for their fire safety demonstrations.
- To Jennifer Yantha for looking after Healthy Snacks this year.
- To our Student Council for a fun-filled afternoon of Halloween activities and to Paula Mask for coming in to help with the Haunted House.

Birthdays
Payience Mask November 6
Kaylie Yantha November 7
Thomas Hudder November 9
Connor Finucane November 15
Rylie Luckovitch November 15
Leah Verch November 15
Delaney Sernoskie November 16
Ella Etmanskie November 24
Damon O’Malley November 26

Catholic Scouting
Paul Ritchi, the General Commissioner and Founder of the Federation of North American Explorers (Catholic Scouting), is coming to St. Andrew’s Parish Hall in Killaloe to give a presentation on this amazing program for Catholic youth. Who is the meeting for? All adults interested in this program. Please spread the word. Where? St. Andrew’s Catholic Church Parish Hall, 141 Queen Street, Killaloe. When? Saturday, November 28th at 10:30 a.m. Why? To establish an FNE Explorer group right here in Killaloe. For more information about the FNE Explorers and what they do, check out their website at http://fneexplorers.com. For more information about the presentation on November 28th, and to sign up so we know how many people to expect, please contact Bridget Secker at 717-9274 or familysecker@gmail.com.

Volunteers Needed
St. Andrew’s is a very busy school and we are blessed with wonderful parents and helpers who come in to assist in many ways. We are always looking for volunteers at this time of the year – some during school, but some after school and on weekends. It’s sometimes difficult for parents who have full-time jobs to find ways to help if they wish to do so. Volunteers are needed for:
- Supervising Grade 6/7/8 dances
- Pizza/Sub Days – pick-up in Barry’s Bay
- Christmas Craft Sale canteen
- Healthy Snacks
- Library
If you can help in any of these categories, please call the school as soon as possible. Thanks!
**Apples to Schools**
As part of Food for Learning Renfrew County, Coronation Hall (a local apple orchard) will be delivering a bushel of apples to the school every two weeks absolutely free of charge. This service started on October 16th and will continue as long as apples and/or funds are available. The students are enjoying apples whenever they need a quick snack or extra in their lunch kit.

**PA Day**
Just a reminder that November 13th is a PA Day.

**Bus Safety**
Bus Safety presentations will take place on Wednesday, November 4th at 9:00 a.m. for the Primary students and then at 10:40 a.m. for the Junior and Intermediate Students.

**Parent-Teacher Interviews**
Parent-Teacher Interviews for all students will take place on Thursday, November 12th from 3:15 – 7:30 p.m. and on Friday, November 13th from 9:00 – 11:30 a.m. You will receive a Progress Report for your child/children prior to the interview date. An interview request form was sent home to you last week. I would also be happy to meet with you to discuss any concerns that you might have. See you there!

**Progress Reports**
All Grade 1 to 8 students will receive a progress report on or before November 12th. Unlike report cards, which go out at the end of both terms, the progress report does not have any marks. It is designed to show a student’s development of the learning skills and work habits during the fall, as well as a student’s general progress in working towards the achievement of the curriculum expectations in all subject areas. It is an assessment “for learning”. The progress report is intended to become a central part of rich discussion with students and their parents that will help to establish a positive tone for the remainder of the school year. Progress reports will be sent home before the interviews which take place on November 12th and 13th. Please take the time to read it over carefully. Write down any questions or concerns that you may have. Bring your questions and the progress report to the interview. Your interview is an excellent time for rich teacher/parent/student discussion around work habits, learning skills and how your child is progressing with his/her learning expectations.

**Christmas Craft Sale**
The St. Andrew’s School Council Christmas Craft Sale will be held on Saturday, December 12th, in the Parish Hall at St. Andrew’s Church. If anyone can help by making a loaf of sandwiches, a pot of chili, baking muffins or other baked goods, donating a door prize or by helping in the kitchen on that day, it would be greatly appreciated! A letter of request will be sent home shortly. Thanks!

**Healthy Snacks & Lunches**
As part of our attempt to “reduce, reuse and recycle”, we would ask all students to keep a spoon in their lunch kit, so that if there are healthy snacks that require a spoon (ie. yogurt, fruit cups) every student will have a utensil. As well, we would ask parents to ensure that their child has a spoon/fork in their lunch box in the event that they require one for their lunch. Good stewardship means not using disposable utensils anymore.

With Halloween treats, etc. please remember to check the ingredients of all foods your children bring to school to ensure that they do not contain any nut products. “May contain” warnings are very important. Coconut is not a nut and does not pose any risk.


**Babysitter Course**
Friday, November 13th from 9:00 a.m. to 4:00 p.m. at the St. John Ambulance Hall at 310 Mackay Street in Pembroke. The cost is $50 for ages 10+. For more information call 735-0772, or email renfrewcounty@on.sja.ca.

**Christmas Parade**
Killaloe’s Santa Claus Parade will take place on Saturday, December 12th. Students are once again invited to be on the St. Andrew’s Catholic School Christmas Float. More details to follow.

**OLA Hunter’s Supper**
Our Lady of the Angels Parish Hunter’s Supper will take place on Thursday, November 5th from 4:30 – 7:00 p.m. Roast beef, turkey casserole and all the trimmings. Adults $13; children 12 & under $5.00. A portion of the proceeds will be donated to our Lima Peru Diocesan Project.

**Feast of St. Andrew’s Breakfast**
The Annual Feast of St. Andrew’s Breakfast (Ham & eggs, French Toast, home baked beans, muffins, beverages) will be held at St. Andrew’s Parish Hall on Sunday, November 29th from 10:00 a.m. to 12:00 p.m. Adults $10.00; Children 5-12 $5.00; Families (2 adults plus 3 or more children) - $30.00. This event is being hosted by the Knights of Columbus. Ten lucky draw prizes!

**Tree of Lights**
Come out and support the St Francis Memorial Hospital Foundation’s Annual Tree of Lights Campaign and Celebration in Barry’s Bay. Help support the equipment needs of St. Francis Memorial Hospital by purchasing a bulb in honour, appreciation or memory of someone special. Join the Tree Lighting ceremonies with refreshments and caroling on Friday, December 4th at 6:30 p.m. at the Barry’s Bay Railroad Station. Miley Burgess was chosen to represent our school as one of the angels. Lots of fun for the whole family!

**Sprouting Speech**
The Preschool Speech and Language Program for Renfrew County provides free screening clinics for preschool children. A Speech-Language Pathologist will be in attendance to provide a brief evaluation of your child’s communication skills and discuss any concerns you may have. Location: Sherwood Public School, 39 St. Francis Memorial Drive, Barry’s Bay; Date: Thursday, November 19th from 10:00 a.m. to 11:30 a.m. For more information, contact 732-7007 or 1-888-421-2222.

**Recycle for Rescue**
Boston Terrier Rescue Canada is collecting used Tassimo T-Discs and the outer foil packaging for recycling. This fundraising program is WIN-WIN as waste is diverted from the landfill while money is raised to help rescued dogs! Simply drop off your used T-Discs in the box provided at school and someone will pick them up for recycling.

**Bus Transportation**
“Snow Days” - Just a reminder that during severe winter weather when the buses may not be running, families are asked to listen to local radio stations for cancellations. There is also a web site where you can check for bus delays or cancellations. Go to http://rcedsb.edu.on.ca/ and click on “Cancellations & Delays” at the top left-hand corner of the home page. All the bus companies are listed with their status. Bus companies themselves make the decision as to whether the roads are acceptable for safe bus operation. They then notify the radio station. If buses do not bring students to school, they will not be arriving in the afternoon to transport them home. Bus children are not counted as absent on such days. Students who walk to school should also check with one of the radio stations or the web site in case the school is closed.

**Attachments:**
- School Council Minutes
- November Calendar
- CPAN Letter re Operation Snowsuit
ST. ANDREW’S SCHOOL COUNCIL MINUTES
Minutes for Tuesday, September 8th, 2015 at 6:30pm

PRESENT: Mary Catherine Brisco
          Bobbie Kuehl
          Joanne Murray
          Cory Lee MacMunn
          Mike O’Neill

PRAYER:  Council recited Prayer for the Week together.

APPROVAL OF THE MINUTES:
-On motion by Cory Lee and seconded by Bobbie, the Minutes for June 9th, 2015 were approved as shown.

FINANCIAL REPORT:
Balance in account as of September 8th, 2015 is $670.64. On motion by Mr. O’Neil and seconded by Bobbie, the Report was approved as shown.

ELECTION/ACCLAMATION OF EXECUTIVE:
Co- Chairs: Bobbie Kuehl/Michelle Tomasini
Treasurer: Joanne Murray
Secretary: Cory Lee MacMunn

OPEN HOUSE:
-September 21st from 5:00 – 7:00 p.m.
-We will be serving ice cream instead of having a BBQ
-Book fair will be available to all children from the 15th-29th
-All children in the school will be given a dollar to use towards the book fair. On motion by Cory Lee and seconded by Bobbie, council has agreed to give each child in the school a coupon for $1.00 towards the purchase of a book at the book fair.
-Council was asked to brainstorm about any other ideas to add to the Open House
-Bobbie will be looking into possibly getting a Clifford suit

DONATIONS TO EACH CLASSROOM/AGENDAS:
-On motion by Bobbie and seconded by Joanne, council has agreed to give $500.00 towards agendas for each child. The discussion about donations for each classroom has been tabled for next meeting.
PRINCIPAL'S NOTES:
-Renovations will begin in the spring to be completed by September, 2016. Council was shown some renovation ideas
-Mary Catherine will look into the possibility of an address change for the school when entrance has been completed.

-Thanksgiving Luncheon will be held on October 9th. Mass will be at 10:30 and food will be served by 11:30. Harvest Draw will be held that afternoon. Volunteers so far: Bobbie and Cory Lee. Parents will be called to volunteer next week

-Craft Fair will be held on December 12th. Tabled until next meeting.

NEXT MEETING: Monday, November 2nd, 2015 at 6:30 p.m.

ADJOURNMENT:
On motion by Bobbie and seconded by Cory Lee, the meeting was adjourned.
October 2015

Dear Parent/Guardian,

My name is Lyn Smith, Coordinator of Renfrew County Child Poverty Action Network (CPAN).

For the past few years CPAN has run a snowsuit and footwear campaign called Operation Snowsuit, the goal of this campaign is to ensure that every child living in our community has appropriate clothing and footwear for our severe Canadian winter. We are starting the 2015 campaign as the weather is already turning cool and we want to be ready before the cold weather hits. We are asking for your help to reach this goal.

Starting immediately your school will be collecting new and/or gently used snowsuits and footwear on behalf of CPAN. Please take this opportunity to check your closets and donate any snowsuits and/or boots that your child (or children) may have outgrown. Please note: These must be clean and in good repair as CPAN does not have facilities or the manpower to clean or repair these items. We are always very short of snow pants and larger snowsuits boots etc. (men’s and ladies sizes) as our youth also enjoy being warm and dry. New items and/or cash donations are also very gratefully received. Monetary donations should be delivered to CPAN, cheques made payable to CPAN with Operation Snowsuit in the memo. Deliver or mail to CPAN, 130 Pembroke Street West, Pembroke ON K8A 5M8.

If you (or someone you know) are in need help please apply online at: www.renfrewcountycpan.ca go to programs and Operation Snowsuit. If you have difficulties CPAN can be reached at 613-735-2374 ex 244. We ask that you leave a message including your name, number and a brief message and we will return your call ASAP.

Since this program started we have been able to keep hundreds of children warm and dry, thanks to our generous community we have always been able to fill each and every request. We usually help between 300-400 children and youth (these included children who had not yet been born, up to 18 year olds). Any help that you can provide is gratefully appreciated, and I would like to thank you in advance for your time, and for any support you may give to this very worthy cause.

Yours truly,

[Signature]

Lyn Smith, Coordinator
Renfrew County Child Poverty Action Network (CPAN)
The ABCs of Mental Health
Parents and teachers often have questions about the behaviour of children and adolescents. They may worry about whether a behaviour is appropriate for a particular age or developmental stage, or a sign that something might be wrong. They may wonder why it is occurring, and how best to respond. The ABCs of Mental Health provides two free, web-based resources – one for teachers and one for parents – to help answer these questions.

Teacher Resource for Mental Health:
https://www.hincksdellcrest.org/ABC/Teacher-Resource/Welcome

Parent Resource for Mental Health:
https://www.hincksdellcrest.org/ABC/Parent-Resource/Welcome

Mental Health and Wellbeing – Book
The Catholic Guide To Depression
In this book, Catholic psychiatrist Aaron Kheriaty with Fr. John Cihak review the effective ways that have been devised to deal with this serious illness – ways that are not only consistent with the teachings of the Catholic Church, but even rooted in many of those teachings.

For Students & Teachers
Mental Health at School – This website is a community resource created through the Mental Health and Addictions Nurses (MHAN) initiative to help teachers, students, parents, and providers find local mental health and addictions services that can help.

http://mentalhealthatschool.ca/Services

Child and Adolescent Mental Health

- Refers to the social, emotional, and behavioural well-being of children and adolescents, and is considered an integral part of healthy development.
- Many mental health problems are a normal part of life. We can learn and grow from them.
- For children and adolescents, adult awareness, sensitivity, and guidance often are very important to learn and grow from such problems.
- For others, the problems are serious enough that supports and guidance from the main adults in their lives (e.g., parents and teachers) are not sufficient, and specialized assistance is needed.
- Teachers’ roles and relationships reach through and beyond the substance of the curriculum to impact students’ feelings of self-worth, dignity, identity, and belonging.
- Teachers are in an excellent position to observe mood changes or behaviours that seem excessive or unusual, which could indicate a mental health problem requiring consultation and intervention.

Mental Health Walk-in Clinics:
Phoenix & ATS 613-735-2374
Pembroke – Tues. 2-7 pm
Renfrew – Thurs. 2-7 pm
Amprior – Wed. 2-7 pm
Petawawa – Wed. 2-6 pm

Robbie Dean Centre 613-433-4221
Pembroke – Wed. 3-7 pm
Renfrew – 3-7 pm
Petawawa – Tues. 1-5 pm
Amprior – Mon. 3-7 pm
Saxxville – Mon. 1-5 pm
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
</table>
| 1 All Saints  
   All Souls  
   School Council Meeting 6:30 p.m. | 2 | 3 | 4 Bus Safety Presentations | 5 OLA Hunter's Supper 4:30 – 7:00 p.m. | 6 | 7 |
| 8 | 9 | 10 We Day at Canadian Tire Centre in Ottawa | 11 | 12 Interviews 3:00 – 7:30 p.m. | 13 PA Day Interviews 9:00 – 11:30 a.m. | 14 |
| 15 Bullying Awareness Week | 16 Peaceful | 17 Inclusive | 18 Noble | 19 Kind | 20 PINK DAY | 21 |
| 22 Feast of Christ the King | 23 | 24 | 25 | 26 | 27 Mass 10:30 a.m. followed by Spaghetti Luncheon sponsored by School Council | 28 Catholic Scouting Information Session for parents 10:30 a.m. in Church Hall |
| 30 Feast of St. Andrew  
   K of C Breakfast at St. Andrew's Parish | Dec. 1 Turkey Bingo 7:00 p.m. at St. Andrew’s Church | | | | | |