



**DIABETES HYPOGLYCEMIA EMERGENCY ACTION PLAN**

Student's Name: \_\_\_\_\_

Classroom Teacher: \_\_\_\_\_

**Parent/Guardian/Emergency Contacts:**  
 (Prioritize calls, i.e. 1, 2, 3)



\_\_\_\_ Parent \_\_\_\_\_ (H) 613- \_\_\_\_\_ (W) 613- \_\_\_\_\_ (C) 613- \_\_\_\_\_  
 \_\_\_\_ Parent \_\_\_\_\_ (H) 613- \_\_\_\_\_ (W) 613- \_\_\_\_\_ (C) 613- \_\_\_\_\_  
 \_\_\_\_ Other \_\_\_\_\_ (H) 613- \_\_\_\_\_ (W) 613- \_\_\_\_\_ (C) 613- \_\_\_\_\_  
 (Names, please print)

**EMERGENCY TREATMENT FOR HYPOGLYCEMIA**

**Signs and Symptoms:**

- Sweating
- Trembling
- Dizziness
- Mood changes
- Hunger
- Headaches
- Blurred vision
- Extreme tiredness/paleness
- Other, please specify: \_\_\_\_\_

**Optimum Level (Range) of Blood Sugar is** \_\_\_\_\_

**Location of Sugar Treatment**

- With Student
- Other, please specify: \_\_\_\_\_

**WHEN IN DOUBT – TREAT**

Select one treatment, provided by parent, from the following:

- 6 oz. (125 ml) of fruit juice/drink (junior juice box) **OR**
- 3 – 4 tsp. (10 – 15 ml) of sugar (3 – 4 packets) **OR**
- 6 oz. (125 ml) of regular pop (not diet type) **OR**
- 3 – 4 tsp. (10 – 15 ml) of honey **OR**
- 4 – 5 glucose tablets
- Other \_\_\_\_\_

**CALL PARENTS TO INFORM THEM**

Wait 10 – 15 minutes. If there is no improvement, repeat the above treatment.

**DO NOT LEAVE THE STUDENT ALONE!**

**If the student is unconscious,  
 having a seizure or unable to swallow  
 DO NOT give food or drink**

- \*Roll the student on his/her side**
- \*Call 9-1-1**
- \*Inform parents/guardians**

Rte #	AM	PM
Rte #	AM	PM

*Original – School; Copy – Renfrew County Joint Transportation Consortium*

*The personal information you have provided on this form and any other correspondence relating to transportation is collected by the Renfrew County Joint Transportation Consortium (RCJTC) under the authority of the Education Act (R.S.O. 1990 c.E.2) ss. 58.5, 265 and 266 as amended. The information will be used to arrange appropriate transportation, and to give information to employees and transportation providers to carry out their job duties. In addition, the information may be used to deal with matters of health and safety or discipline and is required to be disclosed in compelling circumstances or for law enforcement matters or in accordance with any other Act. The information will be used in accordance with the Education Act, the regulations, and guidelines issued by the Minister of Education governing the establishment, maintenance, use, retention, transfer and disposal of pupil records. For questions about this collection, speak to the General Manager of the RCJTC, 999 Cecelia St., Pembroke, 613-732-8419.*