

ST. MARY'S CATHOLIC SCHOOL



NEWSLETTER - Issue # 8

April, 2015



*This is what Yahweh asks of you:
only this to act justly, to love tenderly, and to walk humbly with your God." Micah 6:8*

Dear Parents:

In the last few weeks of Lent our students are finishing the Forty Day Journey, by contributing to the area food bank, giving alms to the Peru campaign, going to confessions and being the best person they can be.

We are looking forward to the longer and warmer days as we soon hope to see the plants and flowers springing forth from the ground. Students will be participating in Earth Day activities during the week of April 20-24th. We hope to pick up garbage around the school and on the highway. We reflect on the beauty of the earth and how we need to take care of it.

So as we approach the three most holy days in the liturgical calendar, may the blessings of the Easter season bring to you hope, peace and the knowledge that God will sustain us.

Ann Lepine, Principal

TIMES TABLES WINNERS

Congratulations to the following, who received a monetary prize for their efforts:

Grade 2	Cameron Levair
Grade 3	Jesse Cuddy
Grade 4	April Lundy
Grade 5	Logan Beanish
Grade 6	Christian Plebon
Grade 7	Eve Cuddy

PITCH-IN WEEK - Earth Day - April 22nd



We will once again be participating in the local Pitch-In campaign. On **Wednesday, April 22nd** (weather permitting), Grades K to 4 will clean the school yard and cemetery. The Gr. 5-7 class will walk along the highway to the rink. Send work gloves to school with your child on April 22nd and if you can join us, it would be appreciated! We are asking students to bring litterless lunches that week, especially. On April 8th, students will be given paper and asked to make a "Help the Earth" poster at home that reflects practices they can do to help preserve the environment. Please return by April 15th. Prizes will be given in the primary, junior and intermediate divisions.



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CATHOLIC EDUCATION
**Exploring
Paths
of JOY**
Catholic Education Week

Catholic Education Week will be held **May 3rd-May 8th**. This year the theme will be "Exploring the Paths of Joy". St. Mary's will be celebrating the gift of Catholic Education with mass, extra curricular activities and presentations. We ask for prayers that our Catholic Schools will be marked by God's hope and joy. Various activities will take place during the week. More details to follow.

EQAO PROVINCIAL ASSESSMENT 2014

Grade 3 and 6 students will be involved in EQAO Assessments between **May 25 and June 5, 2015**. Please check your calendar to ensure that these weeks remain clear of appointments.

CHESS TOURNAMENT

The annual chess tournament will be held **Tuesday, May 5th** at St. John Bosco School. Students would welcome parents who would like to challenge them to chess, during lunch hours. Thanks to **Mr. Minns** for coaching the chess team.

HEALTHY LUNCH/MONTHLY DRAW

Students will be able to purchase Kraft Dinner, veggies, English muffin pizza and

white milk for only \$3 on **Tuesday, April 14th**. Kindly return the attached order form to the school by **Friday, April 10th**.

Congratulations to **Evangeline and Casey Bersan**, our lucky winners of the March newsletter draw. They will receive free Kraft Dinner, veggies, English muffin pizza and milk on April 14th.



April Birthdays

- Apr. 9 - Casey Bersan
- Apr. 14 - Brady Cybulskie
- Apr. 23 - Connor Recoskie
- Apr. 26 - Janisa Visutskie

Thank you to...

- ☺ **Mr. Minns and the Grade 4,5,6,7 class** for preparing the readings and songs for our school mass in April
- ☺ **Bernice Bleskie, Theresa Chapeskie** for teaching Kaszubian embroidery to our Gr. 4-7 students and to **Dave Shulist** who organized the activity
- ☺ **Mallika Insua** for preparing the delicious Thai luncheon for students

SCHOOL COUNCIL MEETING

Come one, come all to our last official school council meeting on **Monday, April 20th**, starting with Thai food at 6:00 p.m. (at the school). We will be discussing our end of year activities and would appreciate parents' input. Please rsvp to the school.

TRIVIA NIGHT

The 3rd Annual George Vanier Trivia Night will be held on **Friday, April 10, 2015** at 7:00 p.m. at George Vanier Catholic School. Teams of up to 6 players (must be 12 yrs or older). \$60 per team. Lots of great prizes to win. Refreshments available. Call the school at 613-756-3708 to register.

SEAC SPRING SYMPOSIUM

Transitions - The Road to Independence - brought to you by the Renfrew County Catholic District School Board and Special Education Advisory Committee featuring Keynote Speak, Amelia Starr - motivational speaker, author, transition and independent living coach, Creator of Autism Independence Project. **Saturday, April 25th** at St. Joseph's High School in Renfrew beginning at approximately 9:30 a.m. For more information, or to register only, please go to www.rccdsb.edu.on.ca.

Mindset: Messages About Success

Listen for the messages in the following examples of success:

- "You learned that so quickly! You're so smart!"
- "Look at that drawing. Is he the next Picasso or what?"
- "You're so brilliant, you got an A without even studying!"

Do you hear these as supportive, esteem-boosting messages? But listen more closely. See if you can hear another message. It's the one that children hear:

- *If I don't learn something quickly, I'm not smart. I shouldn't try drawing anything hard or they'll see I'm no Picasso.*
- *I'd better quit studying or they won't think I'm brilliant.*

After seven experiments with hundreds of children, we had some of the clearest findings I've ever seen: **Praising children's intelligence harms their motivation and it harms their performance.**

How can that be? Don't children love to be praised? Yes, children love praise. And they especially love to be praised for their intelligence and talent. It really does give them a boost, a special glow—but only for the moment. The minute they hit a snag, their confidence goes out the window and their motivation hits rock bottom. **If success means they're smart, then failure means they're dumb.** That's the fixed mindset.

Dweck, Carol S. "Mindset: The New Psychology of Success" (2008)

*For God so loved the world,
that He gave his only begotten Son,
that whosoever believeth in Him,
should not perish,
but have everlasting life.*

John 3:16



