



ST. ANDREW'S SCHOOL NEWSLETTER

APRIL 2015



<http://rccdsb.edu.on.ca/our-schools/st-andrews/>

613-757-3113

Mary Catherine Brisco, Principal

Our Lenten Journey....Pope Francis Would be Proud

It is hard to believe that Holy Week is upon us. Our journey through Lent has been meaningful. In keeping with our central school theme of showing love and kindness like Pope Francis, all classes have spent extra time fasting, praying and giving alms. As indicated in our March newsletter, each classroom decided on one charity or group for the Lenten Season:

Kindergarten – Renfrew County OSPCA – students will be collecting donations – cat & dog kibble; kitty litter (clumping)

Gr. 1/2 – Killaloe Food Bank

Gr. 2/3 – Buried Treasure – gently used clean clothing will be donated to the Buried Treasure

Gr. 4/5 - Killaloe Food Bank

Gr. 5/6 – Killaloe Food Bank

Gr. 7/8 – Killaloe Food Bank

Thank You

Thanks so much

- To Mary Jane Burant, Danielle Kohl and Esther Lapworth for helping sort and disburse our Little Caesar's Pizzas;
- To School Council for sponsoring, to Cory Lee & Ian MacMunn for making a very delicious turkey soup for March Fun Day and to Danielle Kohl, Cory Lee MacMunn and Jennifer Yantha for helping serve it.
- To the Student Council for a very fun March Fun Day before the March Break
- To St. Andrew's Knights of Columbus for their donation of bibles to our Grade 4 students

First Reconciliation

First Reconciliation at St. Andrew's Church took place on Thursday, March 26th for the following students:

Mitchell Dombroskie

Leah Finucane

Ryleigh Foy

Nickolas Hall

Noah Lidster Sernoskie

Rylie Luckovitch

Violet Pinkerton

Joshua Yutronkie

As well, congratulations to *Jacob Burant* who will be receiving his sacraments at St. Casimir's Church in Round Lake. Thanks for your continuing prayers for all these children who are now preparing for their First Holy Communion at both St. Andrew's Church and St. Casimir's Church on Sunday, June 7th. **Commitment Ceremony for Grade 2 students** will take place on Sunday, April 12th, during the 9:00 a.m. Mass at St. Andrew's. Following the Mass, there will be a short meeting for all parents and students with Fr. Goring.

Birthdays

Thomas Summers	April 2
Ryan Perrigo	April 3
Alexander Holly	April 4
Aaron Lapworth	April 4
Dexter Sernoskie	April 4
Mrs. Yutronkie	April 4
Connor Browne	April 6
Mitchell Petroskie	April 11
Eric Kuehl	April 13
Noah Lidster	April 15
Noah MacMunn	April 15
Dylan Kuehl	April 20
Sam Klawitter	April 23
Dyson Mullin	April 25



Dress Code Reminder

With spring around the corner and clothing shopping on the to-do list, just a reminder of St. Andrew's dress code:

- Tops with at least three fingers' span of material on the shoulder are acceptable. Spaghetti straps, muscle shirts, halter-tops, tube tops, and mesh shirts are not acceptable. The torso must be covered whether sitting or standing and necklines must be modest.
- Skirts/dresses/shorts must reach at least the length of the fingertips when standing with arms at the side.

We appreciate your support in our continued efforts to work together to help our children show good judgment that enables them to always be proud of themselves and their actions.

Destination Imagination

Congratulations to our four Destination Imagination teams who went to the County Tournament on March 7th in Arnprior. All groups placed and did very well.

Team Name	Team Members	Standing
Extreme Movers	Madison Jenkins Jude Pinkerton Delaney Sernoskie-Lidster Colby Thompson	2 nd
Frozen Fire	Angelika Dombroskie-Cox Emelia Sadecki Gabby Vandergragt	3 rd 1 st
Wick Wickies	Ashley Brotton Nicole Burbage Nancy Secker Leah Verch	3 rd
Back Road Boys	Mitchel Holly Aaron Lapworth Josh Lapworth Mark Vandergragt	2 nd

Special thanks to Mrs. Lapworth, Mrs. Pinkerton and Michelle Sernoskie for

volunteering so many hours in order for teams to be prepared.

Net Retreat

On Tuesday, May 19th, the Gr. 7/8 confirmation students from St. Andrew's will be travelling to St. John Bosco School to experience a day of reflection and prayer with young Catholics who are part of the National Evangelization Team. NET's mission, to challenge young Catholics to love Christ and embrace the life of the Church, is accomplished by:

- Proclaiming the Gospel of Christ through a personal witness of faith
- Inviting young people to live for Christ.
- Forming young people in Christian character through the study and practice of our faith.
- Equipping youth workers and young adults with the ministry skills needed for evangelization

Frisbee Tournament

The Grade 5 & 6 students will travel to Killaloe Public School for their Ultimate Frisbee completion on Friday, May 1st. Thank you to Mr. O'Neill and Mrs. Klawitter for coaching and supervising the students.

Chess Tournament

The students are now preparing for the upcoming Chess Tournament on Wednesday, May 6th at St. John Bosco School, Barry's Bay. A total of 24 students will be eligible to attend, with 8 students in each of the three categories. Thank you to Mrs. Nieman and Mr. Yutronkie for coaching and supervising the students.

School Council

The next School Council meeting will be held on Wednesday, April 1st, 2015, at 6:15 p.m. in the school library. Attached are last month's minutes. Following the meeting, there will be a Parent Involvement Committee meeting – all Madawaska family school councils, parishes and board members will be involved. Everyone is welcome!

Parent Inspiration Night

This year, we are very excited about our Parent Reaching Out Grant. We have combined with St. John Bosco and George Vanier Schools to bring an Inspirational/Wellness Speaker to St. John Bosco on Wednesday, May 6th at St. John Bosco School in Barry's Bay from 7:00 – 8:30 p.m. John #1 national bestselling cookbook author, Food Network TV personality and Registered Holistic Nutritionist, Janet Podleski, for a heaping serving of inspiration, information, belly laughs and her most effective, cutting-edge strategies and tips to create your healthiest body. Learn how to EAT instead of how to diet. Win the No-Belly Prize! Learn and laugh your way to good health!

Spring Fun Fair

School Council is pleased to announce that we will be hosting a Spring Fun Fair on Thursday, May 28th, rain or shine, from 5:00 p.m. to 7:00 p.m. We can look forward to a rock wall, bouncy castle, magician and a barbequed supper. More details to follow. School Council will also be looking for volunteers to help at this Fun Fair.

Earth Day - April 22

God has given us a beautiful earth, complete with plants and animals of all kinds, and it is our duty as human beings to take care of God's creation.

On April 22nd, staff and students are encouraged to bring litterless lunches and will be involved in garbage pick-up around the school yard and in the community.

Positive Discipline in Everyday Parenting

The challenge of parenting is enormous and sometimes overwhelming. Positive Discipline in Everyday Parenting is a set of principles that can be applied in a wide range of situations. It can guide all interactions with children, not just the challenging ones, helping parents learn how to teach children effectively, while respecting

their rights. This program will be available for parents at St. Andrew's School from 1:00 p.m. to 2:30 p.m. on Tuesdays beginning on April 7th and ending on May 6th. For more information or to register for this free program, please call the Community Resource Center at 613-757-3108.

Advanced Learner Program

The Campbells are once again offering the advanced learner program again this spring between April 1st and May 5th. It is open to all Grade 4 - 8 students in the RCCDSB. The parents are responsible for registration and transportation. Details about the workshops and an online registration form are available at www.hilaroad.com/skills There is no cost to the students for these workshops.

Mindset: Messages About Success

Listen for the messages in the following examples of success:

- “You learned that so quickly! You're so smart!”
- “Look at that drawing. Is he the next Picasso or what?”
- “You're so brilliant, you got an A without even studying!”

Do you hear these as supportive, esteem-boosting messages? But listen more closely. See if you can hear another message. It's the one that children hear:

- *If I don't learn something quickly, I'm not smart.*
- *I shouldn't try drawing anything hard or they'll see I'm no Picasso.*
- *I'd better quit studying or they won't think I'm brilliant.*

After seven experiments with hundreds of children, we had some of the clearest findings I've ever seen: **Praising children's intelligence harms their motivation and it harms their performance.**

How can that be? Don't children love to be praised? Yes, children love praise. And they especially love to be praised for their intelligence and talent. It really does give them a

boost, a special glow—but only for the moment. The minute they hit a snag, their confidence goes out the window and their motivation hits rock bottom. **If success means they're smart, then failure means they're dumb.** That's the fixed mindset.

Stayed tuned next month for sending messages about process and growth!

Dweck, Carol S. "Mindset: The New Psychology of Success" (2008)

SEAC Spring Symposium

Transitions – The Road to Independence – brought to you by the Renfrew County Catholic District School Board and Special Education Advisory Committee featuring Keynote Speaker, Amalia Starr – motivational speaker, author, transition and independent living coach, Creator of Autism Independence Project. Saturday, April 25th at St. Joseph's High School in Renfrew beginning at approximately 9:30 a.m. For more information, or to register only, please go to www.rccdsb.edu.on.ca.

Babysitting Course

Saturday, April 18th at 310 Mackay Street, Pembroke, **or** Saturday, May 30th at 470 O'Brien Road, Renfrew. 9:00 a.m. to 4:00 p.m. \$50 for ages 10+. For more information, contact 613-735-0772 or 613-433-3749

Hockey Pool

With the NHL playoffs just around the corner St. Andrew's is launching a hockey pool fundraiser. Proceeds from the fundraiser will go towards class trips and other school-related initiatives. The cost of each hockey pool is \$10.00. We encourage you to invite relatives, friends and members of the community to join the hockey pool. Once all the entries are collected, the standings will be posted online. The hockey pool fundraiser will begin shortly after Easter Weekend. Thank you to Mr. Yutronkie for organizing this fundraiser.

Easter Candyland

Saturday, April 4th from 10:00 a.m. to 12:00 noon at Round Lake Recreation Park – Egg Hunt starts at 10:30 a.m. Candyland, games and activities! Lots of treats, sweets and fun! A free family event being held rain or shine!

Volleyball Tournament

On Friday, March 27th, the Grade 7s & 8s from the Madawaska Valley Schools competed in the Annual Volleyball Tournament at MVDHS. Our first game for the boys against KPS went pretty smooth with the final score being 25-10 for us. Shortly after, the girls went on to play against KPS winning as well 25-10. But then we had an unexpected rival, Sherwood PS and we lost 26-24. I can remember that game being a really hard one to finish and even harder to reflect upon since we thought that we'd do so well. Then, the struggle for the boys came when they competed against them. Palmer Rapids PS was always tough, no matter what game or sport or who they were up against. We were as tough as rock, but Palmer eventually beat us 25-21. We won against St. John Bosco, with the score for the girls being 25-16 and for the boys 25-23. We also beat George Vanier so that felt good. St. Andrew's did really well overall. You have to consider the fact that we have a really small gym and a really low roof and the balls come shooting down after every bump. But we did pretty good, we were tied for first with George Vanier but they won the tournament because of the differential. Even though we beat them, that was the only confusing part about that day. But oh well. What else can I say? St. Andrew's is and always will be the ultimate champions in every sport. Win or lose! *Mary Grace Coulas, Grade 7 Student*