



**ST. ANTHONY'S
CATHOLIC SCHOOL**
Newsletter
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The Mission of St. Anthony's School

Community

Working in partnership with the home, school, parish and community to nurture the growth of the whole person, we are committed to giving witness to Christian values in a safe, joyful faith filled environment. We endeavor to inspire our students to become responsible life long learners who will be respectful of the uniqueness and dignity of themselves and others.

IMPORTANT ITEMS

Parent Tip

COMING SOON... School Cash Online

- Make online payments.
- Field Trips
- Sports Events
- Activity Fees
- Hot lunches/Milk



Please take a look at this great [mental health article](#) for parents on How to support positive mental health at every age:

Ages 3-5

- Provide a lot of physical connection and play.
- Go out and be with other parents and children

Ages 6-10

- "The centrepiece for health is sleep." Kids this age need 10 to 12 hours
- Dr. Kang also prescribes unstructured play and cultivating a sense of connection through family dinners or a game night.



Thank you to everyone who participated in selling Little Caesars Pizzas. Our profit from the sales was an amazing \$1055.00!! Top sellers: 1st place, Liam, Ryland and Colton Poirier (\$50.00 gift card for the Pembroke Mall), 2nd place Jacob and Lyndon Broome (\$25.00 gift card for the Pembroke Mall), 3rd place, Camron and Hailey Rabishaw (free cookie dough kit) Thank you to everyone for your generous support!



On March 7th, students in grade 6-8 participated in the Eastern Ontario Destination Imagination competition, where they placed 1st & 2nd, qualifying to move on to the Provincial tournament in Toronto. On the 28th of March, they competed in Toronto and placed 2nd and 3rd! We are very proud of both teams. Congratulations to Anikka O'Neil, Liam Sullivan, Aubrey Hughes, Mia Cochrane, Abigail Purchase, and Ethan Law on the DI-007 team who placed 2nd! Congratulations also to Steffan Schilke, Lukas Peacock, Cain Lawrence, Lauren Cleary and Mariah Poirier who placed 3rd!

A big thank you to Brittany Haley who is the Chalk River public librarian. Brittany volunteers her time to put away books in our school library.



IMPORTANT DATES:

April 15- School Mass @ 9:30 am

April 17 - Twin Day

April 22-Community Clean up in the pm

April 28-School Council meeting at 5:30 p.m. Everyone Welcome!

Looking ahead:

Pancake breakfast at the Legion Sunday, May 3rd. All monies raised will go towards the Destination Imagination group going to Tennessee!

Ages 10-15

- Encourage your child to take new and safe risks.
- Get kids involved in sports, exercise, family outings, volunteering and hanging out with friends.

This spring at St. Anthony's, we are once again excited to be organizing a **HUGE YARD SALE** on Saturday, May 2nd. Hopefully we will soon be feeling some spring like weather and as our thoughts turn to de-cluttering and spring cleaning, we ask that you please set aside any gently used, clean items that you wish to donate.

