

ST. ANDREW'S SCHOOL NEWSLETTER



MAY 2015

<http://rccdsb.edu.on.ca/our-schools/st-andrews/>



757-2330 (or voice mail 757-3113)

Mary Catherine Brisco, Principal

Parent Inspiration Night

This year, we are very excited about our Parent Reaching Out Grant. We have combined with St. John Bosco and George Vanier Schools to bring an Inspirational & Wellness Speaker to St. John Bosco on Wednesday, May 6th at St. John Bosco School in Barry's Bay from 7:00 – 8:30 p.m. Join #1 national bestselling cookbook author, Food Network TV personality and Registered Holistic Nutritionist, Janet Podleski, for a heaping serving of inspiration, information, belly laughs and her most effective, cutting-edge strategies and tips to create your healthiest body and reach your goals in life. Learn how to EAT instead of how to diet. Win the No-Belly Prize! Learn and laugh your way to good health! Looneyspoon cookbooks will also be on sale and can be autographed by Janet!



School Council

The next meeting of the School Council will take place on Tuesday, May 12th at 6:30 p.m. Attached are the minutes of the April meetings. Everyone is welcome!

Ultimate Frisbee

On Friday, May 1st, the Grade 5 & 6 students will travel to Killaloe Public School for the annual Junior Ultimate Frisbee Competition. Thank you to Mrs. Klawitter and Mr. O'Neill for their coaching!

Birthdays

| | |
|-------------------|---------------------|
| Sam Klawitter | Apr 23 (sorry Sam!) |
| Katelyn Kuehl | May 01 |
| Nicole Burbage | May 05 |
| Kieran Harrison | May 05 |
| Lillian Irvine | May 07 |
| Ryleigh Foy | May 08 |
| Avery Foy | May 09 |
| Madison Jenkins | May 11 |
| Emma Klawitter | May 11 |
| Jude Pinkerton | May 15 |
| Joshua Yutronkie | May 16 |
| Alexander Jeffrey | May 18 |
| Jesse Ayotte | May 23 |
| Frazier Holly | May 23 |
| Violet Pinkerton | May 25 |
| Brittney Biskup | May 29 |
| Miley Burgess | May 30 |



Tutors in the Classroom

Welcome to Lauren McMillan and Kelly Summers who have been hired by the Board as "Tutors in the Classroom" for May and June. Both are graduates of St. Andrew's. They will be helping in many classrooms.

Chess Tournament

St. Andrew's students will be traveling to St. John Bosco School in Barry's Bay, on **Tuesday, May 5th** for the annual Chess Tournament. Good luck to all our players who have been practicing diligently over the past few weeks. A special thanks to Mrs. Nieman, Mr. Roy and Mr. Yutronkie for their coaching skills!

Spelling Bee

On Thursday, May 7th, the following students will be travelling to St. John Bosco School in Barry's Bay for the Annual Spelling Bee:

Primary

Maggie Comerford Nickolas Hall
 Katelyn Kuehl Rylie Luckovitch
 Taylor Luckovitch

Junior

Isabella Dombroskie Avery Foy
 Delaney Sernoskie

Intermediate Angelika Dombroskie

Thank you to Mrs. Pinkerton for coaching!

Confirmation

Confirmation for Grade 7/8 students will take place on Saturday, May 23rd, at St. Andrew's Church during the 5:00 p.m. Mass. Bishop Michael Mulhall will be administering this beautiful sacrament. Thanks and prayers to Mr. Yutronkie who has prepared the students so well to receive this wonderful gift. Please pray for our students:

| | |
|----------------------------|------------------------------|
| <i>Brittney Biskup</i> | <i>Ashley Brotton</i> |
| <i>Nicole Burbage</i> | <i>Jeremy Burchat</i> |
| <i>Dakotah Cashin</i> | <i>Tyson Chapeskie</i> |
| <i>Mary Grace Coulas</i> | <i>Eve Cuddy</i> |
| <i>Hunter Cybulskie</i> | <i>Thomas Desjardins</i> |
| <i>Angelika Dombroskie</i> | <i>Tyler Foy</i> |
| <i>Mark Halliday</i> | <i>Alex Holly</i> |
| <i>Mitchel Holly</i> | <i>Courtney Hudder</i> |
| <i>Alex Jeffrey</i> | <i>Emma Klawitter</i> |
| <i>Dylan Kuehl</i> | <i>Kaylie Kuehl</i> |
| <i>Tyler Kuiack</i> | <i>Cutler Lacombe</i> |
| <i>Jade Markwick</i> | <i>Sara Markwick</i> |
| <i>Nicole Mask</i> | <i>Curtis Mullin</i> |
| <i>Savannah Mullin</i> | <i>Alison Pecarskie</i> |
| <i>Ryan Perrigo</i> | <i>Mitchell Petroskie</i> |
| <i>Kirsten Recoskie</i> | <i>Nicole Recoskie</i> |
| <i>Nancy Secker</i> | <i>Thomas Summers</i> |
| <i>Ashlyn Tomasini</i> | <i>Gabrielle Vandergragt</i> |
| <i>Leah Verch</i> | |

Track and Field Meet

The Annual Track and Field Meet will be held on Friday, June 12th (rain date – June 15th) at Killaloe Public School. Students from Grades 4 to 8 will be participating.

SPRING FUN DAY!

WHERE: St. Andrew's School
 Playground

WHEN: Thursday, May 28th
 from 5:00 pm - 7:00 pm

Featuring giant inflatables, a magician and the Kiddie Commando from Base Petawawa. Hot dogs and hamburgers can be purchased as well as other treats.

Food Prices: Hamburgers- \$3.00; Hotdogs - \$1.00; Drinks \$1.00

Entrance Fees: \$10.00 per family or \$3.00 per student & \$5.00 per adult. All for

UNLIMITED fun! **Please note, that if you wish to have your child participate in the Kiddie Commando, please fill in the attached Release and bring it with you on the night of the fun fair.**

Frugby Tournament

The Grade 7 and 8 students will be travelling to Sherwood Public School on Thursday, May 14th to attend the annual Frugby Tournament. Thanks to Mr. Yutronkie for coaching the team.

Warm Weather Dress

With the hot weather almost here and clothing shopping on the to-do list, just a reminder of St. Andrew's dress code:

- Tops with at least three fingers' span of material on the shoulder are acceptable. Spaghetti straps, muscle shirts, halter-tops, tube tops, and mesh shirts are not acceptable. The torso must be covered whether sitting or standing and necklines must be modest.
- Skirts/dresses/shorts must reach at least the length of the fingertips when standing with arms at the side.

We appreciate your support in our continued efforts to work together to help our children show good judgment that enables them to always be proud of themselves and their actions.

Grade 3 & Grade 6 Assessment

The annual EQAO assessment for Grade 3 and for Grade 6 students will take place between May 25th and June 5th. Parents are asked to refrain from making appointments or late evenings for the students during this time! Also please make an extra effort to send good protein filled lunches and good “fuel” for our young minds so they can do their best in our testing. Further information will be forwarded to your homes. Thank you for your support and help.

Slow Pitch Softball Tournament

The annual Softball Tournament is scheduled for Friday, June 19th here at St. Andrew’s School. Students from Grades 7 & 8 will be participating with coaching from Mr. Yutronkie. Our students will also help with clean up. The School Council will be selling food items on the day of the tournament. No advance orders are necessary! **If any parents are able to help on that day with the barbequing, please let me know as soon as possible. We appreciate all your help!**



A Word of Thanks

April was a very busy month here at St. Andrew’s. Special thanks to:

- Father Goring & Father Bosco for providing students and staff with Easter Reconciliation and all of his hard work throughout the Lenten and Easter Seasons.
- Marian Bradley for continuing to work with the students who lead our Masses.
- Patricia Hazelton for providing music for our monthly Masses.
- Parents who faithfully attend our School Council Meetings and volunteer so much of their time with such positive attitudes.
- Jennifer Yantha for coordinating our healthy snacks
- Staff and students for picking up the garbage on and around the school yard, at the curling and outdoor rink and around the church and cemetery.
- We are blessed to have such a strong school and church community!

Equipment on Buses

We would like to remind students that any equipment they choose to bring with them on the buses must be properly secured. If not, it becomes a safety hazard for other students on the vehicle, as well as the driver. For example, a basketball should be safely enclosed in the student’s bag so that it doesn’t roll around on the floor, etc. The bus driver can refuse to transport items deemed to be unsafe.

Transportation Changes

All changes to bus transportation for September will need to be submitted to the Joint Transportation Consortium no later than Friday, May 29th, in order for your request to be effective the first day of school. If you know that you require different bussing for September (ie. change of address, change of sitter), please fill out and submit a Student Transportation Request Form that can be found at <http://www.rcjtc.on.ca/>.

Poor no More

The Ontario Association of Parents in Catholic Education’s 2015 Conference and Annual General Meeting – “Poor No More” is being held on May 29th and 30th, 2015 at the Best Western Pembroke Inn & Conference Centre. The theme for this year’s conference is Poverty – the many forms of poverty including: financial, mental, spiritual, physical and emotional – what we can do to relieve it. For more information and registration visit www.oapce.on.ca.

Community Events

- Karaoke Night & Dance - Come sing and dance for Youth Mental Health Awareness Week – all ages welcome! Friday, May 1st from 6:00 p.m. to 9:00 p.m. The cost is only \$2.00! At the Lions Hall, Killaloe. Pizza available from Garth’s Kitchen. Proceeds go to CRC Youth Program and CHCR radio.
- Killaloe & District Public Library 19th Annual Plant & Book Sale will take place on Saturday, May 9th from 9:00 a.m. to 1:00 p.m. Please come out and support your library. Perennials, herbs, vegetable and

house plants, shrubs, trees, books, dvd's, videos and cd's. Live Local Music and Children's Reading Tent. Refreshments available. Come support your local library! For more information, please see www.killaloelibrary.ca.

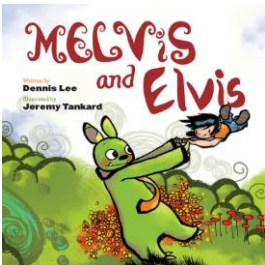
- Community Bike Ride & BBQ on Saturday, May 9th – meet at the Killaloe Ballpark at 3:30 p.m. Bring your bike and join the community bike ride around Killaloe to promote Youth Mental Health Awareness. Ride starts at 4:00 p.m. – BBQ and games at 5:00 p.m. Food generously donated by Barry's Bay Metro. Event supported by the Friendship Club and the Lions Club. Volunteers welcome! For more info, contact Klare at the CRC 757-3108, or youth@crc-renfrew.com.
- Car Wash and Bake Sale at Killaloe Public School on Saturday, May 9th from 10:00 a.m. to 2:00 p.m. In support of the Destination Imagination Green Growers.
- Valley Climate Circle's 2nd Annual Earth Day Celebration – May 9th in Station Park from 11:00 a.m. to 3:00 p.m. rain or shine (check out ValleyClimateCircle.org for details)
- Mother's Day Brunch – Sunday, May 10th from 11:00 a.m. to 2:00 p.m. at the Killaloe Lions Hall. Only \$12/person; \$6.00 ages 5-11; under 5 are free. Tickets are available at KPS or by calling 613-757-2761. Live entertainment, silent auction & door prizes. In support of the Destination Imagination Green Growers.

Public Library Corner

Beautiful New Children's Book Contains a Poem Featuring Killaloe!

Melvis and Elvis – by Dennis Lee

Canadian kidslit legend Dennis Lee's first new children's collection in more than a decade-in collaboration with bestselling illustrator Jeremy Tankard. Melvis and Elvis is classic Dennis Lee, with more than thirty



new poems for fans of his beloved collections, including the perennial bestseller Alligator Pie.

This irresistible blend of narrative, word play, and pure nonsense, combined with Jeremy Tankard's whimsical and energetic illustrations, will appeal to both the very young and developing readers. Killaloe is mentioned in this fabulous new book!

Available for loan to members of the Killaloe Library. Membership is free of charge to residents of Killaloe, Hagarty and Richards Township, Brudenell Lyndoch Township, Bonnechere Valley Township and North Algona Wilberforce Township. Open Tuesday - Saturday 11am – 4pm www.killaloelibrary.ca 613-757-2211.

Grade 4/5 Class Trip

The Grade 4/5 class (as well as those students from Grades 6/7/8 who did not go to Toronto) will be going to the Museum of Nature in Ottawa on Friday, June 5th. More information to follow.

Mindset: Messages about process and growth!

Nine-year old Lisa was on her way to her first gymnastics meet. Lanky, flexible and energetic, she was just right for gymnastics, and she loved it. Of course, she was a little nervous about competing, but she was good at gymnastics and felt confident of doing well.

In the first event, the floor exercises, Lisa went first. Although she did a nice job, the scoring changed after the first few girls, and she lost. Lisa also did well in the other events, but not well enough to win. By the end of the evening, she had received no ribbons and was devastated.

What would you say if you were Lisa's parents?

1. Tell Lisa that *you* thought she was the best.
2. Tell her she was robbed of a ribbon that was rightfully hers.
3. Reassure her that gymnastics is not that important.
4. Tell her she has the ability and will surely win next time.
5. Tell her she didn't deserve to win.

Let's look at the five possible reactions from a mindset point of view—and listen to the messages:

- The first (*you* thought that she was the best) is basically insincere. She was not the best—you know it, and she does, too. This offers her no recipe for how to recover or how to improve.
- The second (*she* was robbed) places blame on others, when in fact the problem was mostly with her performance, not the judges. Do you want her to grow up blaming others for her deficiencies?
- The third (reassure her that gymnastics doesn't really matter) teaches her to devalue something if she doesn't do well in it right away. Is this really the message you want to send?
- The fourth (*she* has the ability) may be the most dangerous message of all. Does ability automatically take you where you want to go? If Lisa didn't win this meet, why should she win the next one?
- The last option (tell her she didn't deserve to win) seems hardhearted under the circumstances. And of course you wouldn't say it quite that way.

If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. They will have a lifelong way to build and repair their own confidence.

We can praise them as much as we want for the growth-oriented process—what they accomplished through practice, study, persistence, and good strategies.

Dweck, Carol S. "Mindset: The New Psychology of Success" (2008)

Attachments:

1. May Calendar
2. Catholic Education Week flyer
3. School Council Minutes for April 1st
4. School Council Minutes for April 27th
5. Kiddie Commando Course Release
6. Shaw Woods Spring Newsletter
7. Request for help with Fun Fair

