



ST. MARY'S CATHOLIC SCHOOL

NEWSLETTER - Issue # 9

May, 2015



*This is what Yahweh asks of you:
only this' to act justly, to love tenderly, and to walk humbly with your God." Micah 6:8*

Students and staff in Catholic Schools will be growing together in faith during Catholic Education Week, with this year's theme being "Exploring Paths of Joy". At St. Mary's School, we try to support parents in the role of joyfully handing on the faith. We do this through many ways inside and outside the classroom.

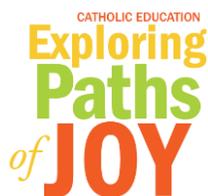
Students will be involved in chess and spelling bee tournaments, art activities and of course we will have liturgical celebrations and mass on May 7th. The proceeds from our May 1st school dance will be going to CPAN and food bank items will be collected.

Students are encouraged to experience joy in their faith by being friendly, positive and helpful to all they meet.

Students will be enjoying many new ventures/outings in the next two months, as we close up our year at St. Mary's. Please join us for as many of the trips, as possible.

Yours in Catholic Education,
Ann Lepine.

Catholic Education Week May 3-8th



Catholic schools are Catholic communities.
Catholic schools are faith communities. We

parents, students, teachers, administrative and support staff - walk and grow together in the faith which we received at our Baptism. And it is the 'together' that we grow. Our growth is primarily a relationship with God, who at our Baptism, called us by name. But the response of each of us to that growth is both personal and communal. We grow in our faith in the nurturing atmosphere of our Catholic community be that of our local parish, our home, or our Catholic school community.

The sub-themes for Catholic Education Week 2015 are as follows:

- Monday: ***Walking Together and Sharing our Story***
- Tuesday: ***Opening the Scriptures***
- Wednesday: ***Welcoming Others to the Table***
- Thursday: ***Recognizing Jesus in the Breaking of the Bread***
- Friday: ***Proclaiming the Good News***

SCHOOL DANCE

St. Mary's will be holding a school dance at St. Mary's Parish Hall on **Friday, May 1st** from 7-10 p.m. for Gr. 6,7,8 students. Admission - \$6 - or bring in Food Bank item - \$5. DJ Shannon.

DRESS CODE

The weather is getting warmer and it is important to review our school dress code. Clothing with suggestive and/or inappropriate messages is not to be worn to school. Torn

clothing, halter tops, tube tops, mini skirts, muscle shirts, net shirts and related clothing are considered **beach wear** and are not appropriate for school. Shorts and skirts should be at least mid thigh in length i.e. to the end of your fingertips when your arms are at your side. Students wearing questionable items will be given replacements to wear or parents will be asked to bring in more suitable clothing.



Christian Plebon May 21
Eve Cuddy May 28

VISIT to NEW SCHOOLS

Students will be visiting their new "chosen" schools on **June 11th**. St. Andrew's, St. John Bosco and George Vanier are excited about receiving their "new" students for the day.

More information to follow in the next newsletter.

HEALTHY LUNCH/MONTHLY DRAW

Students may purchase an Egg/ham on English muffin and milk for \$3 on **Monday, May 25th**. Attached order form is due **Thursday, May 21st**.

Congratulations to **Cameron & Nicholas Levair**, our lucky winners of the April newsletter draw. They will receive the free lunch on May 25th.

EQAO

The EQAO assessment of our Grade 3 and Grade 6 students will take place **May 26th - June 4th**. Parents are asked to ensure that students do not have appointments or late evenings during this time. A good night's sleep and a hearty breakfast will help your child's concentration. Thank you for your support.

THANK YOU to

- * **Lois Probert** who is helping to prepare Grade 2 students for Reconciliation and First Communion

ABORIGINAL/ENVIRONMENTAL POSTER CONTESTS

Congratulations to our winners of the Aboriginal poster contest, who received monetary awards:

Primary

Jesse Cybulskie

Junior /Intermediate

First: **Eve Cuddy, Nicole Recoskie**

Second: **April Lundy**

Third: **Brady Cybulskie, Conner Recoskie**

Congratulations to our winners of the Environmental poster contest, who picked a prize out of the prize box.

Primary **Evangeline Bersan**

Junior **Casey Bersan**

Intermediate **Eve Cuddy**

JUNIOR ULTIMATE FRISBEE

Grade 4-7 students will be participating in the annual Junior Ultimate Frisbee Tournament at Killaloe Public School on **Friday, May 1st** (rain date - May 8th). They will travel by bus to this event and return in time for regular dismissal.

- * **Jim Visutskie** for attending the PIC meeting at St. Andrew's, April 1st
- * **Carol Yantha** for preparing our healthy luncheon in April
- * **Janisa Visutskie** for reading our Catholic Education Week promotion to be aired on Renfrew MY FM radio on 96.1, morning and evening, May 4th to 7th.
- * **Mrs. Lundy** and the **Grade 2,3,4 class** for preparing the readings/songs for our April mass.
- * **All students** who contributed to our Lenten Food Bank and Peruvian cause. \$150.60 was sent for the Peru Project. Way to Go!
- * **School council members** who attend our meetings all year and also serve on other committees to help students: Parent Association, ARC, Rink Committee etc...

Mindset: Messages about process and growth!

Nine-year old Lisa was on her way to her first gymnastics meet. Lanky, flexible and energetic, she was just right for gymnastics, and she loved it. Of course, she was a little nervous about competing, but she was good at gymnastics and felt confident of doing well.

In the first event, the floor exercises, Lisa went first. Although she did a nice job, the scoring changed after the first few girls, and she lost. Lisa also did well in the other events, but not well enough to win. By the end of the evening, she had received no ribbons and was devastated.

What would you say if you were Lisa's parents?

1. Tell Lisa that you thought she was the best.

2. Tell her she was robbed of a ribbon that was rightfully hers.
3. Reassure her that gymnastics is not that important.
4. Tell her she has the ability and will surely win next time.
5. Tell her she didn't deserve to win.

Let's look at the five possible reactions from a mindset point of view—and listen to the messages:

The first (you thought that she was the best) is basically insincere. She was not the best—you know it, and she does, too. This offers her no recipe for how to recover or how to improve.

The second (she was robbed) places blame on others, when in fact the problem was mostly with her performance, not the judges. Do you want her to grow up blaming others for her deficiencies?

The third (reassure her that gymnastics doesn't really matter) teaches her to devalue something if she doesn't do well in it right away. Is this really the message you want to send?

The fourth (she has the ability) may be the most dangerous message of all. Does ability automatically take you where you want to go? If Lisa didn't win this meet, why should she win the next one?

The last option (tell her she didn't deserve to win) seems hardhearted under the circumstances. And of course you wouldn't say it quite that way.

If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. They will have a lifelong way to build and repair their own confidence.

We can praise them as much as we want for the growth-oriented process—what they accomplished through practice, study, persistence, and good strategies.

Dweck, Carol S. "Mindset: The New Psychology of Success" (2008)

Community Events!

ST. ANDREW'S SCHOOL SPRING FUN DAY

Thursday, May 28th from 5 - 7 p.m.
Rain or shine
BBQ, rock wall, wrecking ball, reptiles

This is a community event - everyone is invited

FUN NIGHT AT BOSCO

St. John Bosco's Annual Fun Night
Thursday May 28th from 4-7 pm
Attractions include 2 giant inflatable bouncers,
games and events, 50/50 draw,
live music and a BBQ.

Everyone Welcome!



Dear Mary,

Mother of God,

help us to follow your way -

one of kindness and love

for one another.

Continue to guide us

in God's way.