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VP: Karen Keels

2016
Happy New Year!

JANUARY 2016 NEWSLETTER

Our Lady of Sorrows

This is what Yahweh asks of you: only this, to act justly, to love tenderly, and to walk humbly with your God.

Micah 6:8

Happy New Year!

Happy New Year! I hope everyone had a joyous and blessed holiday.

God gave us the gift of the New Year. It is a time to reflect upon all that was good in our lives during the past year and commit to the mysteries that lie ahead. Judging by the activities,

laughter, and enthusiasm from the staff and students this past week, we are off to a successful start to the New Year here at Our Lady of Sorrows! Best wishes to you and your families for a lot of love, laughter and good health during 2016!



Kindergarten Registration

January 25th to February 5th

9:00 am—3:00 pm

Please bring the following documents with you when you come:

Proof of Age, Certificate of Immunization (Health Unit), Child's Individual Health Card, Baptismal Certificate, Birth Certificate and your 911 address

Junior kindergarten registrants must be 4 years old by December 31, 2016.

Senior kindergarten registrants must be 5 years old by December 31, 2016.

Students who are presently attending junior kindergarten do not have to register for senior kindergarten.

We offer an extended French program for kindergarten students.

Extended Day/Before and After School Care is also available for kindergarten to grade 6 students in our school and is run by PMFRC (613-687-1641 extension 2224).

You can also call the direct line here at Sorrows for the before and after school program. They are available as early as 6:30 a.m. (613-639-3326).

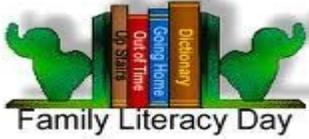
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Special points of interest:

- *We were delightfully surprised with the number of people who attended the Christmas concerts. It was a wonderful experience to celebrate the season with people filled with such spirit. For this we are grateful!*
- *Congratulations to Mrs. Herrick and her family! On January 3rd, they welcomed a new baby boy, Cameron Thomas Michael, who weighed in at 8 lbs 5 oz.*

Family Literacy Day



Created by ABC CANADA Literacy Foundation in 1999, ABC CANADA Family Literacy Day is a national initiative that promotes the importance of reading and learning together as a family. Every year families and communities across Canada celebrate this special day at literacy-themed events coordinated by literacy organizations, schools and libraries. Family Literacy Day is scheduled for Wednesday, January 27th.

Spelling Bee

During the next two months OLOS students will be working hard on their spelling skills as they prepare for the school wide spelling bee which will be held at the end of February or early March. Students who are a part of the spelling bee club are invited to meet everyday at lunchtime to review lists of words. Students from grades 1 to 7 are welcome to participate and practice. Thank you to Mrs. Vincent, Madame Gates and Mrs. McLaughlin for leading this initiative!



BSCH Open House



Heads up! Bishop Smith Catholic High School is hosting an Open House for students entering grade 8 in September on February 10th. Please save the date! Invitations with additional details will be mailed to homes of grade 7 students shortly.

Year of Mercy - Love and Forgiveness

Pope Francis announced an 'extraordinary Holy Year.' This "Jubilee of Mercy" will commence with the opening of the Holy Door at St. Peter's Basilica in Rome on December 8, 2015, and end November 20, 2016.

Pope Francis announced this Jubilee of Mercy to the faithful on Divine Mercy Sunday, the first Sunday after Easter, 2015. The Holy Father wants the Church "to make more evident its mission to be a witness of mercy." He explains that, "God never tires of forgiving us, we are the ones who tire of seeking His mercy."

This year of Mercy will provide an authentic opportunity for our Catholic system to join in this pilgrimage of forgiveness and love because our entire community hungers for mercy. His Holiness encourages Christians to offer God's mercy "to every person who asks for it with an honest heart." Let us also pray to St. Faustina, Apostle of Divine Mercy, to intercede for us, that we might grow in our love of God and in our prayer to be witnesses to His boundless mercy in our lives and in the lives of those we serve.

We encourage everyone to continuously reflect on how they show mercy (love and forgiveness) to others and how others show mercy to them, especially as we enter this New Year.

EXTRAORDINARY
JUBILEE OF MERCY
DEC. 8, 2015 - NOV. 20, 2016



"IT WILL BE A HOLY YEAR OF MERCY."
-POPE FRANCIS



Parish News

OUR LADY OF SORROWS CATHOLIC PARISH—Father Steven Ballard

Masses

Father Ballard has scheduled a regular parish mass at 11:00 a.m. every Tuesday and Thursday. Each week, various classes attend one of these masses.



Knights of Columbus

For a number of years, the Knights of Columbus has been active in the fight of substance abuse. Thus, they invite boys and girls ages 8 through 14 to participate in a substance abuse poster contest. The Council will graciously recognize all participants and offer funds for winners at the local Council level. The winning posters will go on to the District Competition and then to the State Competition. The finalists for this level will advance to the International Competition. The deadline for submission of the poster and accompanying registration form has been extended until Thursday, January 7th

All boys and girls ages 10 to 14 were invited to participate in the local level of the Knights of Columbus Free Throw Competition that was held at Our Lady of Sorrows School prior to Christmas. Congratulations to the students below who placed 1st in their divisions! They will move on to compete in the Regional competition in Pembroke on January 30th.

Ages 9-11

Top Girl	Top Boy
Sydney Vincent	Xander Cupelli

Ages 12-14

Top Girl	Top Boy
Emilie Ethier	Justin Wigglesworth

Sacrament of Reconciliation

Sacrament of Reconciliation for students belonging to Our Lady of Sorrows Parish is scheduled for Saturday, January 16th from 11:00 a.m. to noon.

ST. FRANCIS OF ASSISI CATHOLIC PARISH - Father Titus Ndala

We have always had military and civilian families attend Our Lady of Sorrows Parish. Due to the reestablishment of school boundaries last spring, we recognize a number of military families attend mass at Garrison Petawawa as well. Thus, we endeavor to work with both parishes and are open to providing communication from both.



Sacrament of Reconciliation and Communion

St. Francis of Assisi parish is offering classes to help students in grade 2 or above to prepare for the sacraments of Reconciliation and First Holy Communion. The sacrament of Reconciliation will take place on Ash Wednesday, February 10, 2016. Classes will be held on Sundays from 10:00 to 11:00 a.m. from January 10th to February 7th. Classes are held at this time to facilitate family attendance at either the French mass at 9:30 a.m. or the English mass at 11:00 a.m.

The sacrament of First Holy Communion will be during masses on Sunday, May 15, 2016. Classes will be held on Sundays from 10:00 to 11:00 a.m. from April 10th to May 8th.

If you have any questions, please feel free to contact the office at 613-687-5511 ext. 5434.

School Council 2015-2016

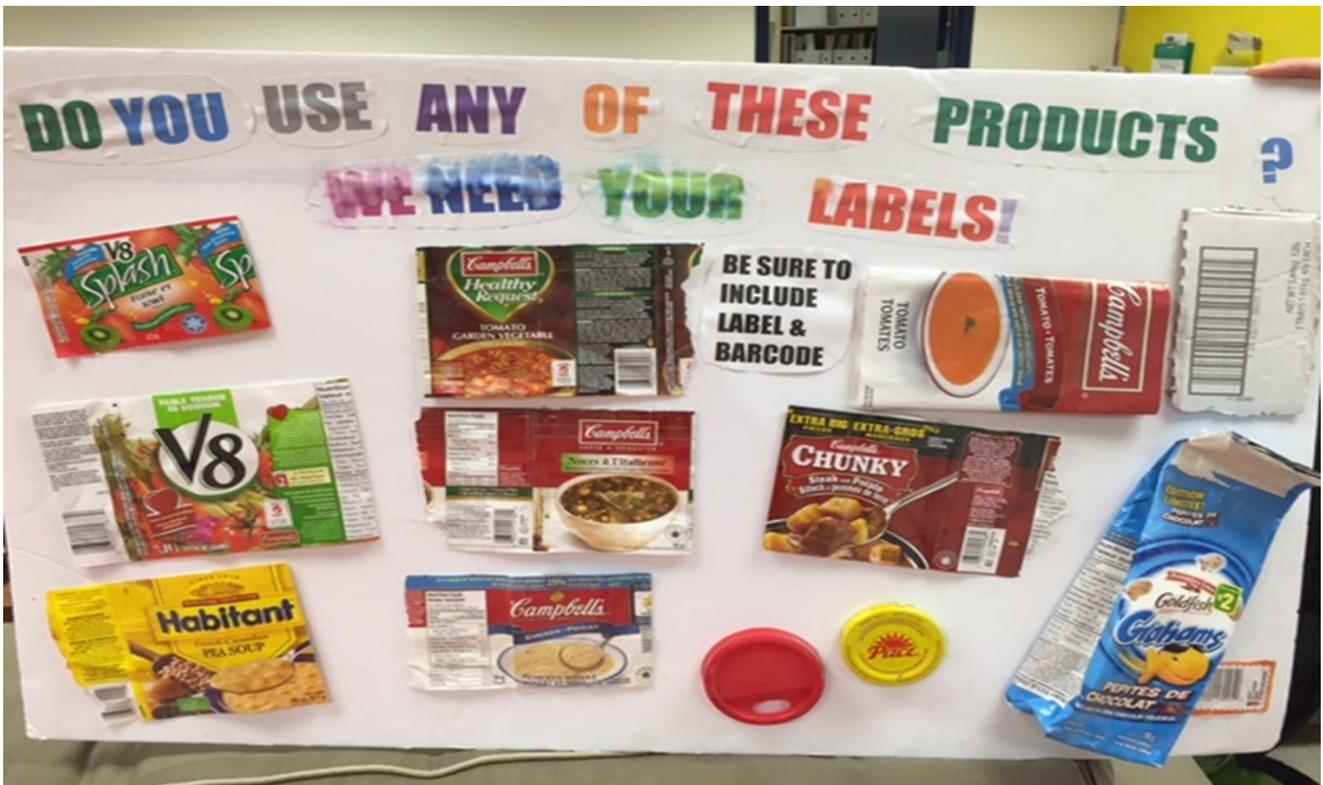
MONCION RECEIPTS PROGRAM



When shopping at Moncion Metro and Petawawa Independent Grocers, you can ask to have your receipt of over \$25.00 stamped. The receipt program at the Riverside Market is no longer in existence. Receipts are collected in a box which is located at the front entrance of the school. They are used to redeem snacks for our healthy snack program and for special occasions. We encourage you to ask relatives, coworkers and friends to collect receipts for you to submit as well. Every little bit helps! Thank you to Jamie Bowden for calculating and submitting receipts for us.

LABELS FOR EDUCATION PROGRAM

Labels for Education has been awarding free educational equipment to schools in exchange for proofs of purchase from the Campbell family of brands. We encourage families to send in any Campbell's Soup labels you may have to contribute to our program. As with the Moncion Receipts, we encourage you to ask relatives, coworkers and friends to collect receipts for you. Thank you to Laurie Stepaniuk for taking the lead on this program.



HOT LUNCH

Each month, we establish hot lunch days for students and staff. This month pizza from Petawawa Pizzeria will be served on Wednesday, January 13, 20, 27th. We are grateful to Jamie Bowden for her continued work organizing hot lunches. Also, we are blessed with volunteers who help deliver the pizza to classes.

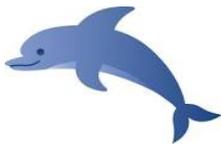


NEXT MEETING

The next school council meeting is scheduled for Tuesday, January 12th. A warm welcome awaits everyone!

School Spirit is Alive!

Upcoming Spirit Days

<p>Dolphins</p>  <p>213 pts</p>	<p>Pumas</p>  <p>204 pts</p>
<p>Bears</p>  <p>199 pts</p>	<p>Falcons</p>  <p>206 pts</p>

JERSEY DAY

January 13, 2016

Students are encouraged to wear a jersey or t-shirt from any sports team.

PURPLE DAY

January 15, 2016

Students are encouraged to bring in a donation on Purple Day which will go toward Roger's House in Ottawa. Roger's House has been utilized by a number of our families.

FAVOURITE STORYBOOK AND CHARACTER DAY

January 27, 2016

Family Literacy Day is on January 27th. Thus students are encouraged to dress up as their favourite storybook character and bring along their favourite storybook to share with others.

School Apparel

Thank you to all those who ordered school apparel. Packages arrived the Friday before Christmas holidays, however not all were included. The company has been contacted and we are waiting for the items that were not sent at that time. As soon as they arrive, we will send the items home to you.

School Cash Online

The number of families who have registered for our school cash online program continues to rise. That's fantastic! Our goal is to continue this trend. Our board is offering every school incentives for getting additional registrations—\$500 for a 50% adoption rate, plus \$250 for a 75% adoption rate plus an additional \$250 for a 90% adoption rate. This equals a potential \$1000 for our school!

The School Cash Online team received notification by their banking partner that some users of the program have seen the payment amount twice on their bank statements with a corresponding deposit of the same amount shortly thereafter. Please note, that although this may look incorrect, you paid the correct amount for your item and do not need to purchase these again. Also, if you are not receiving e-mails re: cash online, please check, when logged into School Cash Online and under 'My Account'...'Manage Email Notifications', that you have it toggled on to receive email notifications.



**A MESSAGE TO PARENTS AND PUPILS FROM THE RENFREW COUNTY JOINT TRANSPORTATION
CONSORTIUM REGARDING COMMUNICATION PROCEDURES FOR TRANSPORTATION CANCELLATIONS /
BREAKDOWNS / DELAYS DURING THE SCHOOL YEAR.**

CHECK THE INTERNET

Transportation information and school bus notifications will be posted at www.rcjtc.on.ca and www.onthebus where you will see any bus cancellations and/or delays. Notification updates are instantaneous effectively from 6:00 am on.

LISTEN TO AREA RADIO STATIONS/WATCH THE LOCAL TELEVISION STATIONS

All information regarding Transportation status will be broadcasted on radio stations for those that do not have internet. This information is obtained from our web site, therefore providing local transportation information for all of Renfrew County. Transportation information will usually start broadcasting at approximately 6:10 a.m. and repeat every 10 or 15 minutes until approximately 8:30 a.m.

SCHOOL BUS CANCELLATIONS ARE FOR THE DAY

When transportation is cancelled in the morning, it is cancelled for the whole day. If you choose to bring your child/children to school, you will be responsible for their return home after school.

PARENTS HAVE THE FIRST RESPONSIBILITY

As parents, you have the first responsibility to decide whether or not it is safe and reasonable to send your child/children out to the "stop", or to school, on days of extreme conditions. Check the internet, listen to the radio and check the weather conditions outside firsthand. Make the safest choice for your child.

KNOW YOUR CHILD'S TRANSPORTATION PROVIDER AND ROUTE NUMBER

You need to know your child's/children's Transportation Provider and Route Number in order to properly identify the status of your child's/children's transportation service when you see it on the web or hear it on the radio station. This information is available from the school and/or from the Renfrew County Joint Transportation Consortium.

DO NOT CALL THE RADIO STATION, TRANSPORTATION PROVIDER, SCHOOLS, SCHOOL BOARDS, OR R.C.J.T.C.

Do not make unnecessary phone calls and tie up the phone lines during emergencies. All the information you will need to know to make a safe decision will be posted at www.rcjtc.on.ca or broadcasted on your area radio station. Do not call the radio station or school bus company for your child's/children's school bus information.

PROVIDE the RCJTC and your child(ren)'s school with updated emergency contact information (including phone number).



Cabin Fever 2016

Petawawa

January 22-31st

Festival Bracelet is \$5.00

Children 6 and under are free.

Check the website

www.cabinfeverpetawawa.ca

Or call 613-687-5678 ext. 2102
for more information.

P.A. Day
January 29, 2016

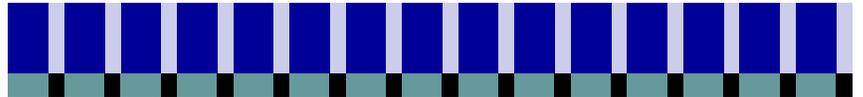
Food For Learning Program

Our food for learning program continues to grow and develop. Every Wednesday, Thursday and Friday morning breakfast is served to anyone who is interested from 8:30 to 9:00 in Room #208. We are now set up with a fridge, toaster, microwave and lots of supplies. Students arriving on buses right at the bell may drop in and then take a drink and food to their classrooms.

We have received donations of food from three companies thus far: Coronation Hall Cider Mills (2 Bushels of apples every 2 weeks); St. Albert Cheese (2x4.5kg of cheese every 2 weeks); Canada Bread Food Services (loaves of bread, bagels, English Muffins as needed). We are so thankful that these companies are able to provide our students with free, fresh, local food that meets the Student Nutrition Program Guidelines criteria!

This program would not be possible without the many helping hands from staff members who take the time to pick up food, prepare food, distribute food and clean up afterwards. We are especially thankful to Mrs. McLaughlin for spearheading this initiative.

If you wish to volunteer your time, make a financial contribution or in-kind donation, please contact the school.



A New Year Prayer

Holy Father,
God of our yesterdays, our today, and our tomorrows.
We praise You for Your unequalled greatness.
Thank You for the year behind us and for the year ahead.
Help us in Your new year, Father, to fret less and laugh more.
To teach our children to laugh by laughing with them.
To teach others to love by loving them.
Knowing, when Love came to the stable in Bethlehem, He came for us.
So that Love could be with us, and we could know You.
That we could share Love with others.
Help us, Father, to hear Your love song in every sunrise,
In the chirping of sparrows in our backyards,
In the stories of our old folks, and the fantasies of our children.
Help us to stop and listen to Your love songs,
So that we may know You better and better.
We rejoice in the world You loved into being.
Thank You for another new year and for new chances every day.

We rejoice in the world You loved into being.
Thank You for another new year and for new chances every day.
We pray for peace, for light, and for hope, that we might spread them to others.
Forgive us for falling short this past year.
We leave the irreparable past in your hands, and
Step out into the unknown new year knowing
You will go with us.
We accept Your gift of a new year and we
Rejoice in what's ahead, depending on You to help us do exactly what You want..
I say it again, we rejoice!
In Jesus name,
Amen

